Trustees



Brigid Bowen Chair - remit for Additional Learning Needs and External Relations

Brigid has spent over a decade working in a variety of communication, public affairs and policy roles, with a special interest in health, wellbeing and education. She is the founder and driving force of Compassionate Mental Health - advocating for compassionate, recovery-focused approaches to mental health and curating experiential events to inform, inspire and empower people living and working with mental distress www.compassionatementalhealth.co.uk. Brigid has worked as a journalist, producer and researcher across various departments in the BBC. She is currently working as a freelance writer and editor with clients including the World Economic Forum. Brigid's son Joseff attended Kindergarten until he was six.



Julia Griffiths Trustee - remit Education Governance

Julia is a former early years school teacher, inspector, advisor and lecturer. She has had a long association with the School, working as a Kindergarten Assistant from its first year, and then as Parent and Toddler Leader. She completed half of the Steiner class teacher training in Machynlleth before the course closed. In her working life she was active in the Playgroup Movement, instigating two playgroups in Ilford and Cardiff. She taught in Nursery and Infant schools and became a Nursery Inspector. She lectured in Early Years Education at Coleg Glan Hafren for ten years, until she retired in 1998. Her husband, Teifion, was headmaster of St Teilo's Church In Wales High School, Cardiff for sixteen years. He is a former Director and Trustee of Camphill Glasallt Fawr in Mid Wales, a Steiner residential community for young people with special needs, where his and Julia's youngest daughter lived for seven years. They have had five children and six grandchildren. Julia has the Trustee remit for Education Governance.



Dr Kate Attfield Trustee - remit for Equality and Diversity, Child Protection (Deputy Senior Person for Child Protection for Trustees) and Upper School Educational Governance. Kate is also a member of the Bursary and HR Committees

Kate has been a Trustee at the School for five years. Kate is a university lecturer in the School of Education and Social Policy at Cardiff Metropolitan University. She has written on equality and diversity, and teaches child protection and safeguarding within health and social care. Kate has a Higher Education Academy teaching fellowship, and holds the role of Upper School educational governance, focusing on the NZCSE. Through her engagement in these areas Kate values the opportunity to promote and uphold the visionary principles of Steiner education.



Shireen Griffiths Trustee - remit for Regulation and Compliance, and HR Committee

Shireen holds the Trustee remit for Regulatory/Legal Compliance. This involves an understanding of the School's responsibilities towards areas including: DBS (CRB checks), Care Standards, Fire Safety and ensuring the School's compliance with their requirements. Shireen has a Masters in Early Years Education and opened and ran her first nursery in 2006. She now owns and runs two nurseries in and around Cardiff with husband, Kevin, and has a wide range of regulatory experience including CIW (Care Inspectorate Wales), Fire Safety, HR, Development Control, Public Protection, Cardiff Council Education Department and the National Day Nurseries Association. Shireen has been a parent at the School since 2012, where her three sons attend Kindergarten, Lower and Middle School.

Norman Gettings Trustee - remit for Community Liaison, Bursary Committee member

Norman has worked in the television and communications industries in Wales, England and the US, and has lived in a number of countries and communities. He lives in Llandaff North and was treasurer of the Llandaff North Festival Committee and former Chair of the Labour Party in Llandaff North ward and Cardiff North. Norman has watched Cardiff Steiner School establish itself in Llandaff North with interest, and enjoys helping the School develop its relationship and profile with the local and wider Cardiff community.



March.

Mike Ash-Edwards Trustee - Health and Safety Committee member

Mike has a background in managing membership and community programmes with the Co-op, and was most recently responsible for connecting the Co-op's 600,000 members with the Society's businesses in Wales. He has helped set up new Community Foundations in England, working for the UK network of Community Foundations, and spent over ten years as a Campaign Manager for Oxfam in the UK and overseas. In partnership with his wife, Mike is a supported lodgings provider with Cardiff Council, working to help 16-18 year olds develop the skills required for independent living, with education and training opportunities. He currently works as a caseworker for Anna McMorrin MP; is a former Board member of the Wales Co-operative Centre; and Secretary of Cardiff and the Vale Co-op Party. Mike says "I am engaged with a number of community organisations in my local area but, given the important role that schools play within the community, I feel I can make a contribution locally as a trustee of Cardiff Steiner School. My most recent role with the Co-op included running projects with schools and young people, and developing strategic proposals for co-operative education."

Michael Flynn Trustee

At an early age Michael made the ethical decision to work within social justice, and he is passionate about the equalities agenda and committed to driving positive social change. Michael has extensive experience in the Charity Sector, working to ensure that the public, private and statutory sectors understand the issues their diverse communities face. Michael was Director of Influencing & Partnerships at Diverse Cymru, an equalities organisation in the Welsh Third Sector, and has over 15 years of experience of leading and influencing equality throughout the UK. He has spoken and represented the BME sector in Wales at all levels for over 16 years. Michael has a good understanding of current equality guidelines, compliance and expectations and has supported many organisations to inclusively develop their equality strategies and objectives, using a Co-Production approach that brings different partners /communities together to look at current practices and identify areas of improvement. Michael has represented and championed equality on many levels, from supporting local initiatives in Wales, to advising on national governmental policy in London. He has worked with a range of key national partners particularly in inclusive service/project design and delivery and in the strategic development of national projects that support inclusion. He has assisted in policy development across wide sectors from Education Life Long Learning and Skills to Finance and Local Government and has run consultation and research projects on behalf of a number of Local Authorities, the Home Office and the Welsh Government. As well as a trustee of Cardiff Steiner School, Michael has also sat on the Board of Cardiff 3rd Sector Council and is a Trustee and funding lead of a National Charity that supports the rites and participation of members of the Gypsy, Roma and Traveller community (GRT) throughout Wales.

