

28 February 2020

Dear Parents,

## Coronavirus Information

Dear Parents and Guardians,

The School is being kept updated daily with guidance related to Coronavirus. We are following Welsh Government advice and will update you as and when necessary. If you would like to look at current advice this can be found here:

<https://gov.wales/guidance-educational-settings-about-covid-19>

Preventing spread of infection

There is currently no vaccine to prevent COVID-19. The best way to prevent infection is to avoid being exposed to the virus.

There are general principles anyone can follow to help prevent the spread of respiratory viruses, including:

- washing your hands often - with soap and water, or use alcohol sanitiser if hand washing facilities are not available. This is particularly important after taking public transport
- covering your cough or sneeze with a tissue, then throwing the tissue in a bin. See Catch It, Bin It, Kill It
- people who feel unwell should stay at home and should not attend work or any education or childcare setting
- pupils, students, staff and visitors should wash their hands:
  - before leaving home
  - on arrival at school
  - after using the toilet
  - after breaks and sporting activities
  - before food preparation
  - before eating any food, including snacks
  - before leaving school
- use an alcohol-based hand sanitiser that contains at least 60% alcohol if soap and water are not available
- avoid touching your eyes, nose, and mouth with unwashed hands
- avoid close contact with people who are unwell
- clean and disinfect frequently touched objects and surfaces


[contd. over]

- if you are worried about your symptoms or those of a child or colleague, please call NHS Direct Wales on 0845 46 47. Do not go directly to your GP or other healthcare environment
- see further information on the weblink <https://phw.nhs.wales/coronavirus/>

People who have returned from Category 1 specified countries/areas in the last 14 days should self-isolate. This includes avoiding attending an education setting or work until 14 days after they return.

People who have returned from Category 2 specified countries/areas in the last 14 days, are advised to stay at home if they develop symptoms. All other pupils or students and staff should continue to attend school or university, including their siblings attending the same or a different school (unless advised not to by public health officials).

Kind Regards,

A handwritten signature in black ink, appearing to read 'M. Knight', is centered below the text 'Kind Regards,'.

Miranda Knight  
School Administrative Manager /Designated Safeguarding Lead/ Health and Safety Lead