

Starting to make a stitch story

It is always good to start with some inspiration. It can be a picture you have drawn, a memory or picture that you have in your head, or maybe something in your house that has a story attached. Look around you. It could be a mug that was give to you by someone special, a beautiful shell that you found on a beach when you were on holiday, or a photo of place that you have been or card sent by someone who is far away. Here are some ideas for how to start. First try to find a plain piece of backing fabric about postcard size or a bit bigger to lay your picture out on.



Ask your Mum if she has any scraps of fabric, paper and threads that you can use to start laying out your own stitch story.

This is a picture which was drawn by my daughter, when she was small, of a heart and some flowers. I started by laying out some pieces of fabric to make it into a stitch story. I started by stitching down the heart in the middle to hold it in place on the pink backing and yellow felt square.



I then placed it on a scrap of an old sheet that I had painted with water colour paint. I then put that onto a piece of thin hand dyed muslin and stitched it down all round with random orange stitches. Next I embroidered some flowers.

Here is my finished stitch story.



This is another of my daughters drawings of a field with the sun peeping behind a cloud, a wooden fence a flower and a sheep. I have started to lay out a stitch story of the picture using some green dyed muslin, some felted wool clouds and sheep's body and a paper sun. I stuck them down with pritt stick to keep them in place ready to start stitching. You all know how to do running stitch and that is all you need. Choose some nice colours and start stitching the pieces down. You can also experiment with some of the other stitches you have learnt to do.



You can interpret this project in any way that you want to and use any theme or stitching technique that you enjoy. The idea is to have fun.

If you have any questions then please ask me during our live meet sessions.

Best wishes, Fiona