Trustees



Brigid Bowen Chair - remit for Additional Learning Needs and External Relations

Brigid has spent many years working in a variety of communication, public affairs and policy roles, with a special interest in health, wellbeing and education. She is also a qualified journalist, and has worked as a researcher, producer and reporter across various departments in the BBC. Brigid is the founder and driving force of Compassionate Mental Health - advocating for compassionate, recovery-focused approaches to mental health and curating experiential events to inform, inspire and empower people living and working with mental distress. Brigid's son Joseff attended Kindergarten until he was 6. Like many other former parents, Brigid has stayed connected to the community to help build a school so more children in Cardiff can benefit from a Steiner Waldorf education.



Julia Griffiths Trustee - remit Education Governance

Julia is a former early years school teacher, inspector, advisor and lecturer. She has had a long association with the School, working as a Kindergarten Assistant from its first year, and then as Parent and Toddler Leader. She completed half of the Steiner class teacher training in Machynlleth before the course closed. Julia was active in the Playgroup Movement, instigating two playgroups in Ilford and Cardiff. She taught in Nursery and Infant schools and was a Nursery Inspector. Julia lectured in Early Years Education at Coleg Glan Hafren for ten years until she retired in 1998. Her husband, Teifion, was headmaster of St Teilo's Church In Wales High School, Cardiff for sixteen years. He is a former Director and Trustee of Camphill Glasallt Fawr in Mid Wales, a Steiner residential community for young people with special needs, where his and Julia's youngest daughter lived for seven years. They have had five children and six grandchildren.



Dr Kate Attfield Trustee - remit for Equality and Diversity, Child Protection (Deputy Senior Person for Child Protection for Trustees) and Upper School Educational Governance. Kate is also a member of the Bursary and HR Committees

Kate has been a Trustee at the School for six years. Kate is a university lecturer at Cardiff Metropolitan University in the Cardiff School of Education and Social Policy, and has published on equality and diversity, inclusive pedagogy and Steiner education. Kate teaches child protection and safeguarding within health and social care among other subjects. Kate has a Higher Education Academy Teaching Fellowship and has a particular interest in the School's Upper School qualification, the NZCSE. Through her engagement in these areas Kate values the opportunity to promote and uphold the visionary principles of Steiner education.

Dr Huw Evans Trustee - Bursary Committee



Huw works as a freelance lecturer. He qualified as a solicitor and worked in that profession in the private and public sector (including the National assembly for Wales) for nearly twenty years before becoming a university lecturer. As a lecturer he has taught various aspects of the law: including childcare, social care, journalism, human rights, and consumer protection law. Huw's PhD thesis concerned trading standards in Wales. Huw's research interests include human rights and their realisation in Wales. Huw also has substantial previous experience as a governor of a primary and secondary school in Cardiff. His combined experience as a practising lawyer, academic, school governor and parent, has fostered a fundamental belief in social justice and how one of the key aspects to social justice delivery is for each child to get the best chance to maximise her or his potential. He hopes serving as a trustee can contribute to this in some small way.



Mike Ash-Edwards Trustee - Health and Safety Committee member

Mike has a background in managing membership and community programmes with the Co-op, and was most recently responsible for connecting the Co-op's 600,000 members with the Society's businesses in Wales. He has helped set up new Community Foundations in England, working for the UK network of Community Foundations, and spent over ten years as a Campaign Manager for Oxfam in the UK and overseas. In partnership with his wife, Mike is a supported lodgings provider with Cardiff Council, working to help 16-18 year olds develop the skills required for independent living, with education and training opportunities. He currently works as a caseworker for Anna McMorrin MP; is a former Board member of the Wales Co-operative Centre; and Secretary of Cardiff and the Vale Co-op Party. Mike says "I am engaged with a number of community organisations in my local area but, given the important role that schools play within the community, I feel I can make a contribution locally as a trustee of Cardiff Steiner School. My most recent role with the Coop included running projects with schools and young people, and developing strategic proposals for co-operative education."



Norman Gettings Trustee - remit for Community Liaison, Bursary Committee member

Norman has worked in the television and communications industries in Wales, England and the US, and has lived in a number of countries and communities. He lives in Llandaff North and was treasurer of the Llandaff North Festival Committee and former Chair of the Labour Party in Llandaff North ward and Cardiff North. Norman has watched Cardiff Steiner School establish itself in Llandaff North with interest, and enjoys helping the School develop its relationship and profile with the local and wider Cardiff community.



Fran Whiteside Trustee

Fran was one of the founders of the School in 1997, and the original Parent and Toddler groups took place in her front room in Pontcanna. Her son was one of the first children to attend. Fran is an artist and teacher, and is a member of the Anthroposophical Society. Fran was previously a Trustee for several years and re-joined the Board in 2020, maintaining links with the School's founding vision and anthroposophical impulse.

Michael Flynn Trustee

Michael is passionate about social justice, the equalities agenda and driving positive social change. He has extensive experience in the charity sector, working to ensure that public, private and statutory sectors understand the issues their diverse communities face. Michael was Director of Influencing & Partnerships at Diverse Cymru, an equalities organisation in the Welsh Third Sector, and has over 15 years of experience of leading and influencing equality throughout the UK. He has spoken and represented the BME sector in Wales at all levels for over 16 years. Michael has a good understanding of current equality guidelines, compliance and expectations and has supported many organisations to inclusively develop their equality strategies and objectives, using a Co-Production approach that brings different partners /communities together. Michael has represented and championed equality on many levels, from supporting local initiatives in Wales, to advising on national governmental policy in London. He has assisted in policy development across sectors from Education to Finance and Local Government and has run consultation and research projects on behalf of local authorities, the Home Office and Welsh Government. Michael has also sat on the Board of Cardiff 3rd Sector Council and a National Charity that supports the rites and participation of members of the Gypsy, Roma and Traveller community (GRT) throughout Wales.