Trustees



Brigid Bowen Chair - remit for Additional Learning Needs and **External Relations**



Brigid has spent many years working in a variety of communication, public affairs and policy roles, with a special interest in health, wellbeing and education. She is also a qualified journalist, and has worked as a researcher, producer and reporter across various departments in the BBC. Brigid is the founder and driving force of Compassionate Mental Health - advocating for compassionate, recovery-focused approaches to mental health and curating experiential events to inform, inspire and empower people living and working with mental distress. Brigid's son Joseff attended Kindergarten until he was 6. Like many other former parents, Brigid has stayed connected to the community to help build a school so more children in Cardiff can benefit from a Steiner Waldorf education.



Dr Kate Attfield Trustee - remit for Equality and Diversity, Child Protection (Deputy Senior Person for Child Protection for Trustees) and Upper School Educational Governance. Kate is also a member of the Bursary and HR Committees

Kate has been a Trustee at the School for eight years. Kate is a university lecturer at Cardiff Metropolitan University in the Cardiff School of Education and Social Policy, and has published on equality and diversity, inclusive pedagogy and Steiner education. Kate teaches child protection and safeguarding within health and social care among other subjects. Kate has a Higher Education Academy Teaching Fellowship and has a particular interest in the School's Upper School qualification, the NZCSE. Through her engagement in these areas Kate values the opportunity to promote and uphold the visionary principles of Steiner education.



Dr Huw Evans Trustee - Bursary and HR Committee

Huw works as a freelance lecturer. He qualified as a solicitor and worked in that profession in the private and public sector (including the National assembly for Wales) for nearly twenty years before becoming a university lecturer. As a lecturer he has taught various aspects of the law: including childcare, social care, journalism, human rights, and consumer protection law. Huw's PhD thesis concerned trading standards in Wales. Huw's research interests include human rights and their realisation in Wales. Huw also has substantial previous experience as a governor of a primary and secondary school in Cardiff. His combined experience as a practising lawyer, academic, school governor and parent, has fostered a fundamental belief in social justice and how one of the key aspects to social justice delivery is for each child to get the best chance to maximise her or his potential. He hopes serving as a trustee can contribute to this in some small way.



Fran Whiteside Trustee

Fran was one of the founders of the School in 1997, and the original Parent and Toddler groups took place in her front room in Pontcanna. Her son was one of the first children to attend. Fran is an artist and teacher, and is a member of the Anthroposophical Society. Fran was previously a Trustee for several years and re-joined the Board in 2020, maintaining links with the School's founding vision and anthroposophical impulse.



Michael Flynn Trustee – remit for Equality & Diversity and Bursary Committee

Michael is passionate about social justice, the equalities agenda and driving positive social change. He has extensive experience in the charity sector, working to ensure that public, private and statutory sectors understand the issues their diverse communities face. Michael was Director of Influencing & Partnerships at Diverse Cymru, an equalities organisation in the Welsh Third Sector, and has over 15 years of experience of leading and influencing equality throughout the UK. Michael has a good understanding of current equality guidelines, compliance and expectations and has supported many organisations to inclusively develop their equality strategies and objectives, using a Co-Production approach that brings different partners /communities together. Michael has represented and championed equality on many levels, from supporting local initiatives in Wales, to advising on national governmental policy in London. He has assisted in policy development across sectors from Education to Finance and Local Government and has run consultation and research projects on behalf of local authorities, the Home Office and Welsh Government.

Richard Knight Trustee - remit for Additional Learning Needs and Safeguarding

Richard is Head Teacher at Golfa Hall Therapeutic School in Welshpool, and is an experienced Head Teacher in Therapeutic, SEMH (social, emotional and mental health), EBD (emotional and behavioural difficulties) education as well within the mainstream school leadership environment. Richard has supported schools in developing teaching and learning as well as enabling them to rethink their pastoral development. All stemming from a beginning in leading and teaching Art, Design and Technology in mainstream settings.