




Trustees	Brigid Bowen Chair - remit for External Relations
	<p>Brigid has spent many years working in a variety of communication, public affairs and policy roles, with a special interest in health, wellbeing and education. She is also a qualified journalist, and has worked as a researcher, producer and reporter across various departments in the BBC. Brigid is the founder and driving force of Compassionate Mental Health - advocating for compassionate, recovery-focused approaches to mental health and curating experiential events to inform, inspire and empower people living and working with mental distress. Brigid's son Joseff attended Kindergarten until he was 6. Like many other former parents, Brigid has stayed connected to the community to help build a school so more children in Cardiff can benefit from a Steiner Waldorf education.</p>
	<p>Dr Kate Attfield Trustee - Safeguarding, HR and Bursary Committees, Equality and Diversity, and Upper School Educational Governance</p> <p>Kate has been a Trustee at the School for eleven years. Kate is an academic at Cardiff Metropolitan University in the Cardiff School of Education and Social Policy, and has published on inclusive pedagogy, Anthroposophy and Steiner education. Kate's university work directly relates to her Trustee roles. Kate has a particular interest in the School's Upper School qualification, the NZCSE. Through her engagement in these areas Kate values the opportunity to promote and uphold the visionary principles of Steiner education.</p>
	<p>Richard Knight Trustee - remit for Additional Learning Needs and Safeguarding</p> <p>Richard is Executive Principal of Specialist Colleges in Wales with Ruskin Mill Trust, and a registered Estyn peer inspector. He brings extensive leadership experience from mainstream and specialist education settings, with a particular focus on working with young people who have experienced trauma and adverse childhood experiences. His areas of expertise include curriculum planning, safeguarding, mental health, attachment-informed teaching, and trauma-responsive approaches to behaviour and learning. Richard supports schools in developing both teaching practice and pastoral provision. He is passionate about creating inclusive, nurturing educational environments and brings this commitment to his role as Trustee of Cardiff Steiner School.</p>



Michael Flynn Trustee – remit for Equality & Diversity and Bursary Committee

Michael is passionate about social justice, the equalities agenda and driving positive social change. He has extensive experience in the charity sector, working to ensure that public, private and statutory sectors understand the issues their diverse communities face. Michael was Director of Influencing & Partnerships at Diverse Cymru, an equalities organisation in the Welsh Third Sector, and has over 17 years of experience of leading and influencing equality throughout the UK. Michael has a good understanding of current equality guidelines, compliance and expectations and has supported many organisations to inclusively develop their equality strategies and objectives, using a Co- Production approach that brings different partners /communities together. Michael has represented and championed equality on many levels, from supporting local initiatives in Wales, to advising on national governmental policy in London. He has assisted in policy development across sectors from Education to Finance and Local Government and has run consultation and research projects on behalf of local authorities, the Home Office and Welsh Government. He currently leads a National Cultural Competency project across Wales.



Professor Jeff Lewis Trustee - remit for Health & Safety

Jeff is a senior academic at Cardiff Metropolitan University and is known for his work on innovative pedagogy and use of educational learning technologies across the school and university. He has been Programme Director for Dental Technology laboratory-based programmes and as such brings his experiences of Health and Safety into this Trustee role. His family seriously considered Steiner as an educational route for his two children.



Dr Julian Green Trustee - HR Committee

Julian is an academic at Cardiff Metropolitan University, where he explores the philosophical and aesthetic foundations of art, multimedia and technology in education. With over 15 years of experience in higher education, he designs pedagogically driven solutions for digital learning - from virtual realities to social media - and frequently speaks at international conferences on these themes. As a Trustee, Julian serves on the HR Committee, drawing on his professional expertise in leadership and team development. His commitment to holistic education is both professional and personal: he received a Steiner education himself and his family actively considered Steiner schooling for his children. Beyond academia, Julian balances structure and creativity as a classical guitarist, yoga practitioner and photographer.